

# Tulsa Country Western Dance Assn.



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**January 2005**



We hope you all had a terrific Holiday and this year brings you much happiness, health and success.

This last year has been rough for us.

Lucy got hurt and was out of dancing and teaching for 10 months, then I fell and have been out for several weeks.

We wouldn't have made it without your encouragement and support.

*A very special Thanks to*  
VJ Lively and Sharon Truelove who stepped up and helped us teach and were there to do anything they could to keep class going and mainly just being our friends.

Bob and Yola Morgans, along with Vicki Robinson and Troy Miller also pitched in. There is just no words to express our heart felt appreciation.

*Most of all.... Thanks to all of you !!*



**Our next dance will be Saturday,**

**January 8th**

**At Wil-lo Hall  
Starts at 8:00pm**



We are available for private lessons  
by appointment only



**Shuffle  
Month**

We want to wish Bob Morgans a speedy recovery, Bob had surgery in November. We sure hope he's back on the dance floor soon. He's been missed.

## TIPS

This month we will be starting Triple Two-Step (Shuffle) class. Many of today's country western songs work better with this dance than does the traditional Two-Step. However, some songs require a rather fast pace. This may be difficult at first.

The trick to keeping up with the beat with any fast Triple Two-Step or any other dance is to take smaller steps.

We will be taking normal size steps or longer in class to help us learn the steps and patterns. Once we get on the dance floor we will have to adjust our steps so we can keep pace with the music without looking too rushed.



## Line Dances

1-3  
1-10  
1-17  
1-24  
1-31

Wild Wild West  
Watermelon Crawl  
Tush Push  
Southside Shuffle  
Beginners Cowboy Cha-Cha

*See you on the Dance Floor!!*

*Bob*