

Tulsa Country Western Dance Assn.



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Happy Halloween

We'd like to Thank Lilik and Company along with Judy Adams and Ginette Bond for coming out and doing their Belly Dancing routine for us. We wish them best of luck in their Competition coming up.



The winter months are upon us again. We wanted to let everyone know if the weather turns bad, any cancellation of class or events will be posted on the web site. We will also be sending out an email if this should happen.



DANCE TIPS



- When dancing wear comfortable fitting clothes.
- Dance in shoes that have a non sticky sole which will allow for pivoting and turning.
- Drink lots of fluids.
- Focus on learning one thing at a time, such as footwork first, then body position and next arm positioning.
- Don't expect to learn everything the first time you go to class. Be patient and persistent.
- Commitment.
- Take notes after class on material learned.
- Practice and go out and have fun.
- Attitude—Don't get discouraged,
- Personal Hygiene.



Waltz Month

	Line Dances
10-3	Waltz across Texas
10-10	Diamond Waltz
10-17	Waltz across Texas/ Diamond Waltz
10-24	Reggae Cowboy
10-31	T-Town Boogie

Christmas Party

Date will be coming soon....Check the web site or pick up a flyer at class.



See you on the Dance Floor!
Bob