

Tulsa Country Western Dance Assn.



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**NO CLASS SEPT. 5TH
DUE TO LABOR DAY**

31 of us loaded up and headed to Eureka Springs and had a terrific time. We are already planning a trip next year and will have more details in the next few months.



DANCE TIPS



Cowgirls- Do not give your partner the "Death Grip" When dancing. Keep fingers open & build enough Resistance so that the joined hands remain centered between you and your partner

Cowboys- Always give your partner time and space to finish her turns. Never rush her!

Keep your eyes forward. Don't look down at your feet while you dance.

Be aware of your posture. Don't slouch, twist or lean.

Think of your rib cage as the center, let it lead as the rest of your body follows.

Dance into the floor. Keep your center of balance over the foot with the weight on it, keep your knees soft/slightly bent, so you don't bounce to much.

Dance to the music. Listen to the song and try to coordinate steps to music.

Never walk through a line of dancers to cross the floor - always walk around the outside or wait for the dance to finish.

Never stand on the dance floor to talk - if music is playing leave the dance floor to chat.

Never hog floor space to 'perform' - if the floor is full take small steps, and watch for collisions.

Never let your feet, knees, arms or elbows become dangerous weapons on the dance floor.

Shuffle Month

We want to wish Steve Dixon a speedy recovery. He is going in for surgery this month.



A very Special Congratulations to Maria Malwich & Mike Carroll who recently became engaged on this years Eureka Springs Trip.



A Special Thanks To VJ & Sharon for the Terrific Anniversary and providing the great cake & celebration.



LINE DANCES

9-12

County Line Cha-Cha

9-19

Watermelon Crawl

9-26

Southside Shuffle

See You on the Dance Floor!

Bob