

Tulsa Country Western Dance Assn.



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May-Shuffle



Eureka Springs Trip



June 30th, July 1st & 2nd

If you haven't signed up yet for the Eureka Trip Please do so soon.

For more information see the web site or get your flyer at desk in class....

Show ticket money needs to be turned in starting in May no later than June 1st.

There will be no class *May 29th* due to Memorial Day. We hope you and your family have a safe and happy Holiday

May 1st - Classes will go to \$6.00 per person

Mother's Day



May 14th



The wedding of



Maria Maluwich
To
Mike Carroll



Will be held in Broken Arrow at 2:00 pm on June 10th

We will have Information on the upcoming Event on the web site and at dance class soon.

Congratulations to a great couple.



June - Waltz

July & August - Two Step



Dance Tips

Dance frame and posture will improve the looks of any Dancer.



Do not tense up try to stay relaxed.

Don't hang on your partner, your frame is yours alone and no death grips.

Smaller controlled steps are better than large awkward ones.

When following avoid thinking about what each lead and learn to react.

Everyone worries about getting stepped on, you need to worry more about your upper body and correct positioning, they cause more pain than feet ever did.

What ever dance your doing try not to kick Your feet up.

If you mess up-don't worry about it social dancing is meant to be fun.



Practice makes Perfect

Dancing isn't meant to be painful so Smile and have fun.....



Line Dances

May 1st

May 8th

May 15th

May 22nd

Cowboy Cha-Cha, Level 5

Ride a Cowboy

(taught by Debbie Rank)

Cotton -Eye Joe

Southside Shuffle

Level 5 and Level 6 Cowboy Cha-Cha will be Taught In the 8-9 pm class.



Private Lessons or DJ Services-See Bob

See you on the Dance Floor!

Bob

