

# Tulsa Country Western Dance Assn.



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## July & August 2006 - Two Step Months Eureka Springs Trip

This year 43 of us loaded up and Headed out for Eureka Springs. We hope you had a good Time. We sure did.

Next year we are planning a Trip to Nashville so be watching for Information on this trip. This one you won't want to miss.



Dance practices for the Dance team will be the 1st & 3rd Saturdays of the month out at Ed & Peggy's at 6:00 pm.

We also want to Thank Ed & Peggy for having us out to their house on July 4th.

It was a terrific time and the company and food were great.



Club Night out the last Friday of the Month at the Caravan.



## Line Dances

7-10  
7-17  
7-24  
7-31



8-7  
8-14  
8-21  
8-28

Watermelon Crawl  
T-Town Boogie  
Tootsie Roll  
16-Step

Tush Push  
Southside Shuffle  
Hoochie Mama  
Ski-Bumpus



## Dance Tips

Focus on learning one thing at a time. Learn footwork first, posture and body positioning and commitment to keep trying.

Don't get discouraged.

Personal hygiene is very important in dancing.

Drink lots of fluids so you won't Dehydrate.

Take notes in class so you will remember What you learned so you can practice.

If you run into someone on the dance floor always apologize.

*See You on the Dance Floor!*

*Bob*

