

Tulsa Country Western Dance Assn.



January 2009

Shuffle

Instructors

Bob & Lucy Spears

Classes are held

Monday night's

6:00 to 7:00pm *Beginners Class*

7:00 to 8:00 pm *Basic Intermediate*

With *Line Dance*

8:00 to 9:00 pm *Intermediate/Advanced*

Classes held at the

Moose Lodge

7th & Garnett

Tulsa, Ok.

Information ph.

663-9963

Email:

tcwda@att.net

Web add.

www.tcwda.net

Information on

private Lessons -

See Bob

Happy New Year !

*We hope everyone had a
Great Holiday Season.*



*Several class members
went to the Caravan and
brought in the New
Year. We hope all of
you have a healthy and
prosperous 2009.*

*We went to see the
Dancing with the Stars
Performance.*

*If it ever comes here again
we highly recommend go-
ing to see it. They put on
a fantastic show and the
dancing was absolutely
wonderful.*

*We hope everyone had a
good time at this years*

Christmas Party.

*Wine seemed to be the gift
of choice this year.*

*Pictures are on the web
site.*

Cowboy Cha-Cha

For the next 6 months we
will be doing the Cowboy
Cha-Cha.

This will be taught from 7 to
8:00 pm the first Monday of
every month. We will start
with beginners which is level 1
and end with level 6.



Practice makes Perfect

Well, I don't know about per-
fect but it sure helps the
memory out. Even going
through what you learned in
class for 5 minutes ago, when
you get home makes a big dif-
ference in remembering for
the following week's lesson or
social. Several times I have
heard "well we can't seem to
find the time together to prac-
tice during the week with our
busy schedules". My response
is "practice yourself." It's
amazing how going over pivot
turns by yourself or thinking
about where you prep to lead
a turn really improves your
own dancing. Then in class
you can practice together. And
secondly, attend some dances,
if you don't already, that's
where you can have fun so-
cially with everyone from your
group class plus get some floor
time in. Who cares if you mess
up, that's why everyone else is
there too, for the practice!!



Beginner Dancer's Tip

Try never to refuse a dance
with someone who is ask-
ing you. It doesn't feel
very good to be rejected.
This tip is for the ladies
and the gentlemen, and a
reminder to the Intermedi-
ate/Advanced dancers as
well. This is how we learn
to be better dancers; by
dancing with lots of differ-
ent partners and dancers
of all levels.



Line Dances for Jan.

- 01-05 Cowboy Cha-Cha
- 01-12 Tootsie Roll
- 01-19 Watermelon Crawl
- 01-26 Ski-Bumpus



See you on the Dance Floor!

Bob & Lucy