

Tulsa Country Western Dance Assn.



February 2009

Waltz

Instructors

Bob & Lucy Spears

Classes are held

Monday night's

6:00 to 7:00pm Beginners Class

7:00 to 8:00 pm Basic Intermediate

With Line Dance

8:00 to 9:00 pm Intermediate/Advanced

Classes held at the

Moose Lodge

7th & Garnett

Tulsa, Ok.

Information ph.

663-9963

Email:

tcwda@att.net

Web add.

www.tcwda.net

Need

Information on

private Lessons -

See Bob

Happy Valentines Day!

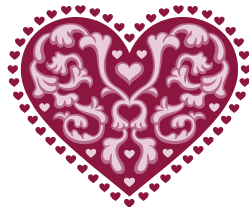
February will be Waltz,

Also Intermediate Night Club Two-Step which will be taught by VJ & Sharon.

Monday Feb. 2nd will be level 2 of the

Cowboy Cha-Cha, from

7 to 8:00 pm



If you have not filled out a sheet giving us your email, please do so. In the event of bad weather and we need to cancel class, emails are sent out that afternoon and it's also posted on our web site.

Line Dances for Feb.

02-02	Cowboy Cha Cha
	7-800 pm, Level 2
02-09	County Line
	Cha Cha
02-16	Waltz Across Texas
02-23	Tootsie Roll

Dance Tips

Smile when dancing, this isn't all that painful it's suppose to be fun.

smaller clean controlled steps are better than large awkward ones.

Introduce yourself to new students and dancers.

Comfortable shoes and clothes are a must when dancing.

Don't hang on your partner. Your frame is yours.

Remember no death grips.

You spend both money and time on lessons so be sure you practice what you learn.



Ladies

Don't rely on the man for balance and don't apologize for not following a move. He may be just as much or more at fault. Just have a good time.

Ladies, don't be afraid to tell your partner he's about to bump into someone.



There seems to be some confusion about bringing drinks to class.

The Moose Lodge is a private club, It's a State law where you can not bring beverages in, or take them out of a private club. All beverages must be bought at the Moose. Sorry!

We arrive at the Moose about 5:00 pm for anyone who wants to come and practice before class.



Coming in

March & April

Two-Step

Along with

Level 3 & 4

Cowboy Cha-Cha

See you on the Dance Floor!

Bob & Lucy