

# Tulsa Country Western Dance Association



<p><i>February 2010</i></p> <p><i>Instructors</i></p> <p><b>Bob &amp; Lucy Spears</b></p> <p><i>Classes are held Monday night's</i></p> <p><i>6:00 to 7:00pm</i> <i>Beginners Class</i></p> <p><i>7:00 to 8:00 pm</i> <i>Basic/ Intermediate</i></p> <p><i>With Line Dance</i></p> <p><i>8 :00 to 9:00 pm</i> <i>Intermediate/ Advanced</i></p> <p><i>Classes held at the Moose Lodge 7th &amp; Garnett Tulsa, Ok.</i></p> <p><i>Monday Nights</i></p> <p><i>For information on private Lessons. Please call 663-9963</i></p> <p><i>Email: tcwda@att.net</i></p> <p><i>Web site: www.tcwda.net</i></p>	<p><b><u>HAPPY VALENTINE'S DAY</u></b></p> <p><b>14th</b></p> <p><b><u>CMAFEST TRIP</u></b></p> <p>If you haven't made your Reservations for CMAfest The deadline has been extended to <b><u>February 15th.</u></b></p> <p>Please check out the flyer on The web site <a href="http://www.tcwda.net">www.tcwda.net</a> under Upcoming events.</p> <p><b>Private Lesson Information, Please Contact Bob.</b></p>	<p><b>Line Dances</b></p> <p>02-01 Cowboy Cha Cha Level 2</p> <p>02-08 Walt Across Texas T-Town Boogie</p> <p>02-15 Tush Push</p> <p>02-22 Watermelon Crawl</p> <p>Last Friday of the month come out and join us for Dance Night Out at the Caravan <b>Feb. 26th</b></p> <p><b>In the event of bad weather. Emails will be sent out by 3:00pm, or please check the web site for class cancelations.</b></p>	<p><b><u>TWO-STEP MARCH &amp; APRIL</u></b></p>  <p><b>We arrive at the Moose about 5:00 pm for anyone who wants to come and practice before class.</b></p> <p><b>Be sure to fill out the email sheets at class. This will let you know about upcoming and Special events.</b></p> <p><b>See You on The Dance Floor!</b> <b>Bob</b></p> 
	<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="border: 1px solid black; padding: 5px; text-align: center;"> <h2>Dance Tips</h2> </div>  </div> <div style="display: flex;"> <div style="flex: 1; padding-right: 10px;"> <p><b><u>Practice makes Perfect</u></b></p> <p>I'm not sure about perfect but it sure helps the memory out. Even going through what you learned in class when you get home makes a big difference in remembering for the following week's lesson or going out social dancing. Several times</p> </div> <div style="flex: 2;"> <p>we hear "well we can't seem to find the time together to practice during the week with our busy schedules or I don't have anyone to practice with". Our response is "practice yourself." It's amazing how going over pivot turns by yourself or thinking about where you prep to lead a turn really improves your own dancing. Be sure to go out socially</p> </div> <div style="flex: 1; padding-left: 10px;"> <p>with everyone from your class, plus to get some floor time in. Who cares if you mess up, that's why everyone else is there too, for the practice but most of all to have FUN!</p>  </div> </div>		