

# Tulsa Country Western Dance Assn.



February 2012

**Instructors**

**Bob & Lucy Spears**

**Classes are held  
Monday night's**

**6:00 to 7:00pm  
Beginners  
Class**

**7:00 to 8:00 pm  
Basic/  
Intermediate**

**With Line Dance**

**8 :00 to 9:00 pm  
Intermediate/  
Advanced**

**Classes held  
at the  
Moose Lodge  
7th & Garnett  
Tulsa, Ok.**

**Information ph.  
918-663-9963**

**Email:  
tcwda@att.net**

**Web add.  
www.tcwda.net**

**Information on  
private Lessons -  
See Bob**

## Waltz Month

Beginners/Basic Class 6-7:00

This class is designed for people new to dancing. This class will teach basic footwork, frame, lead & follow.

This will prepare you for the Basic-Intermediate class.

Basic/Intermediate 7-8:00

In this class you will learn basic loop patterns, multiple spins and turns and prepare you for the Intermediate-Advanced classes.

Inter/Advanced 8-9:00

This class is designed for the more experienced dancer. This class teaches more difficult connecting patterns and turns.

**If your interested in Private lessons, Please contact Bob for more information.**



**IN THE EVENT OF  
BAD WEATHER  
EMAILS FOR CLASS  
CANCELTIONS WILL  
BE SENT OUT BY  
3:00 PM.**

## February Line Dances

- 06 Cowboy Cha Cha Level 2
- 13 Ski Bumpus
- 20 Watermelon Crawl
- 27 Tootsie Roll



*Don't forget your  
Special Valentine!*

## TCWDA NEWS

There was a good turnout for Rex Johnson's Bday.

Wendy did a great job, food And cake was excellent.

Happy Birthday Rex..!

Also Happy Birthday to Jason Beard and Vicki Robinson.

A big hurry up and get well to the Donhey's .

We also want to wish a very Special Congratulations to

**Lenice Stanford  
&  
Kurt Barron**

On their recent engagement.

A big Thanks You to Charlotte for helping Teach in class!!



**When all else fails in dancing, remember the basic's.**

Key to Balance and Control keep upright and pick the feet up. Keep yourself moving and transfer your weight smoothly and evenly from one foot to the other.

Move on a narrow base with your feet and legs fairly close together. Learn to walk backwards as good as your can forwards.

Keep your head up and eyes off the floor. Relax the ankles knees and hips.

Always smile and make eye contact when dancing, this will help to show your partner your

Enjoying dancing with them. Always walk the lady back to her table.

A new dancer will need to learn the basics before trying to do more advanced Patterns and turns.

**See You on The  
Dance Floor!**

**Bob**